

Errata to Alabama's Prep Optional Rules –January, 2007 Effective Immediately:

There is no undertime deduction (as all other levels) 1minute 30 seconds is the maximum.

Clear Hip Circles on Bars: You can count a clear hip circle twice on bars as long as they are performed on different bars and are coming out of a different connection. Any move will count twice in optionals (and prep optional follows optional rules unless otherwise stated) provided it comes out of a different connection. **Bonus is only given once per skill/series in all Prep. Opt levels and on floor, beam and bars.**

A statement that was omitted in the prep opt 1 section has been added: Prep Opt 1's can only compete at that level once.

Bonus on floor for P.O. III should read front handspring, front handspring instead of front handspring front tuck.

Bonus on floor for PO 4 remain front handspring front tuck bonus